

DEMOGRAPHIC CHANGE: CHALLENGE AND OPPORTUNITY

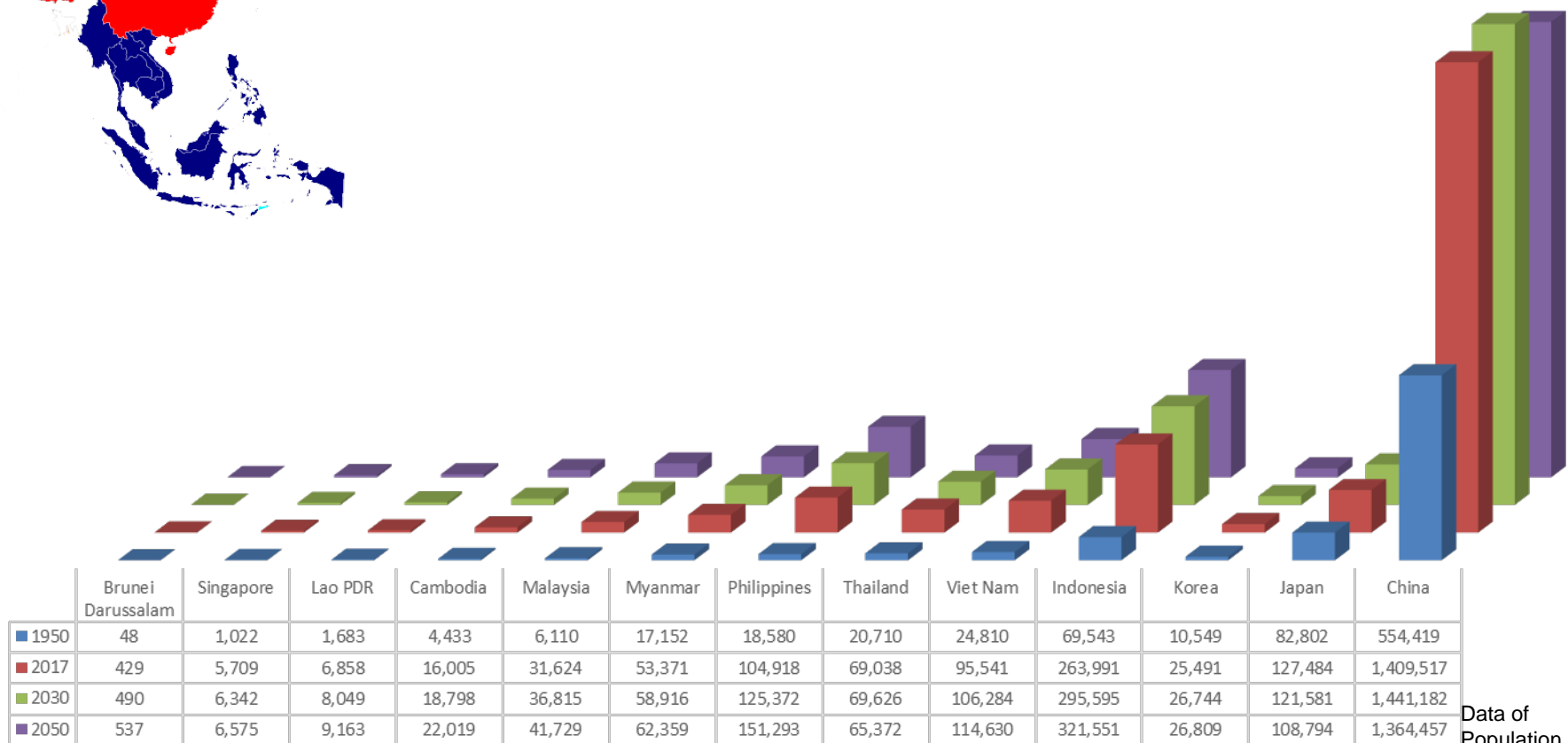
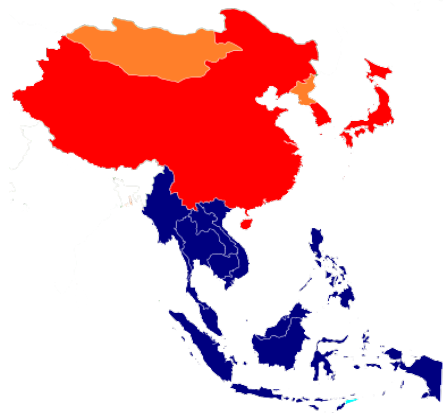
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Demographic Change in South East Asia and East Asia

SOUTH EAST AND EAST ASIA POPULATION CHANGES 1950-2050

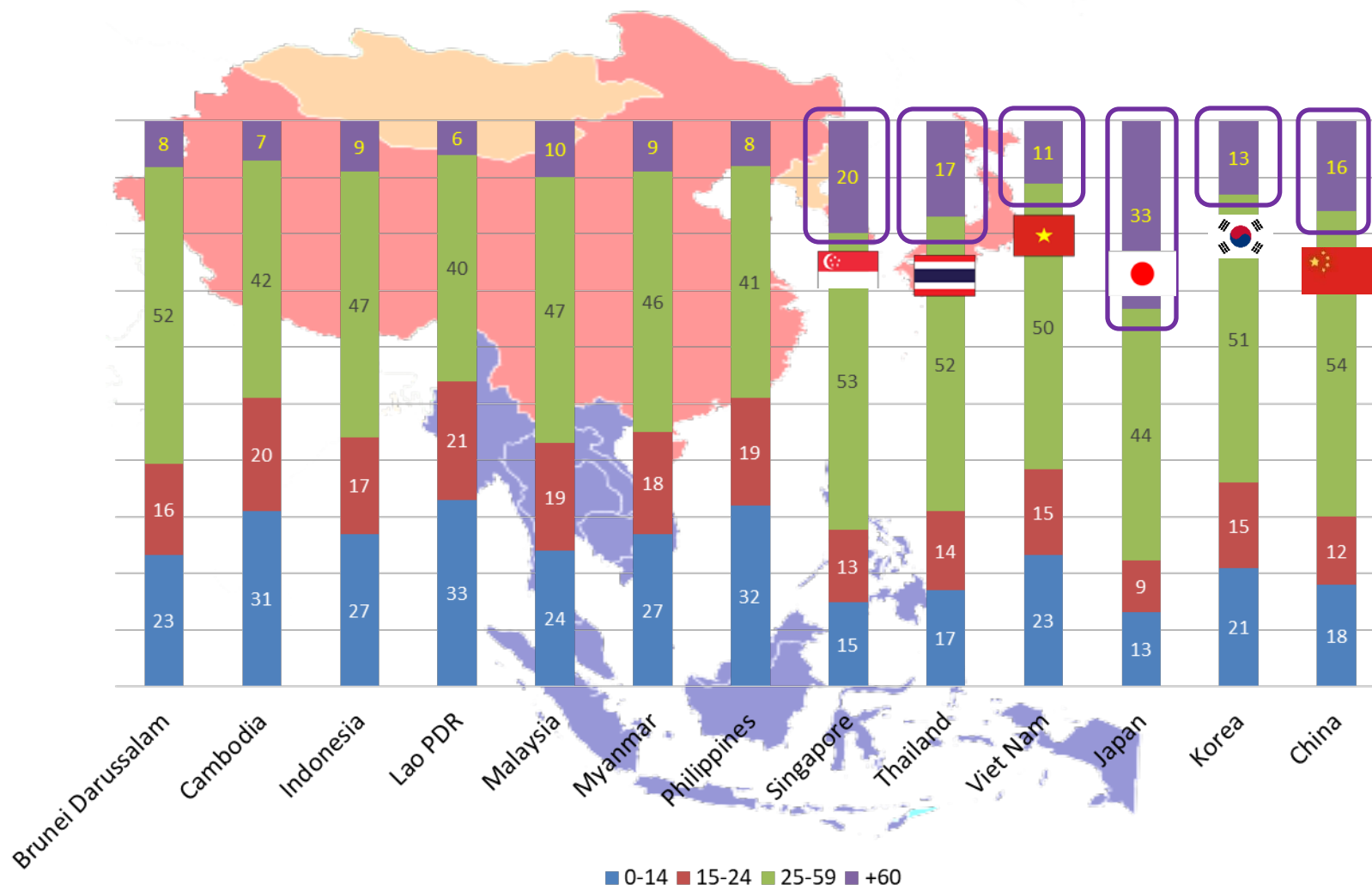


Data of Population
(thousands)
in a medium
variant

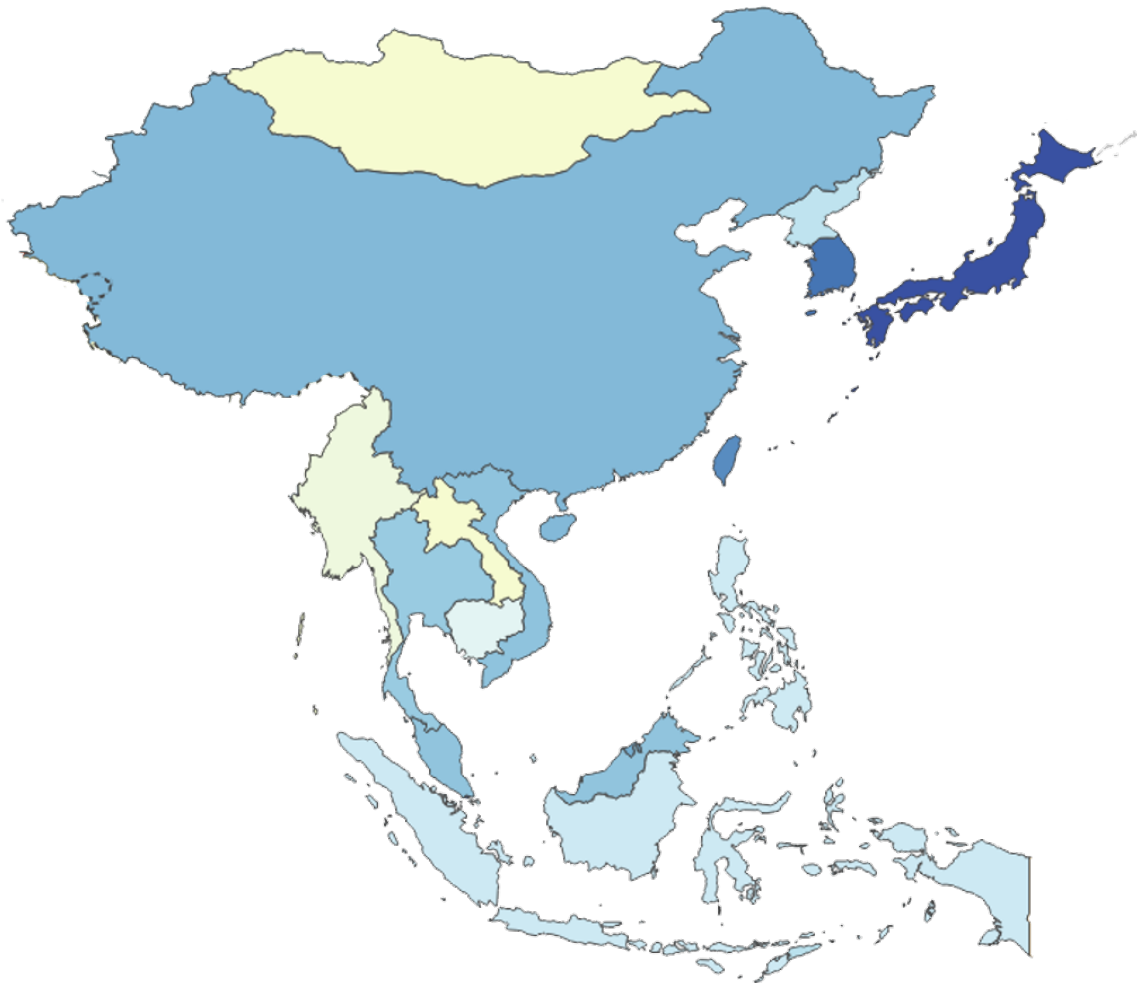


1950 2017 2030 2050

Percentage of Population in South East and East Asia by Age Group 2017

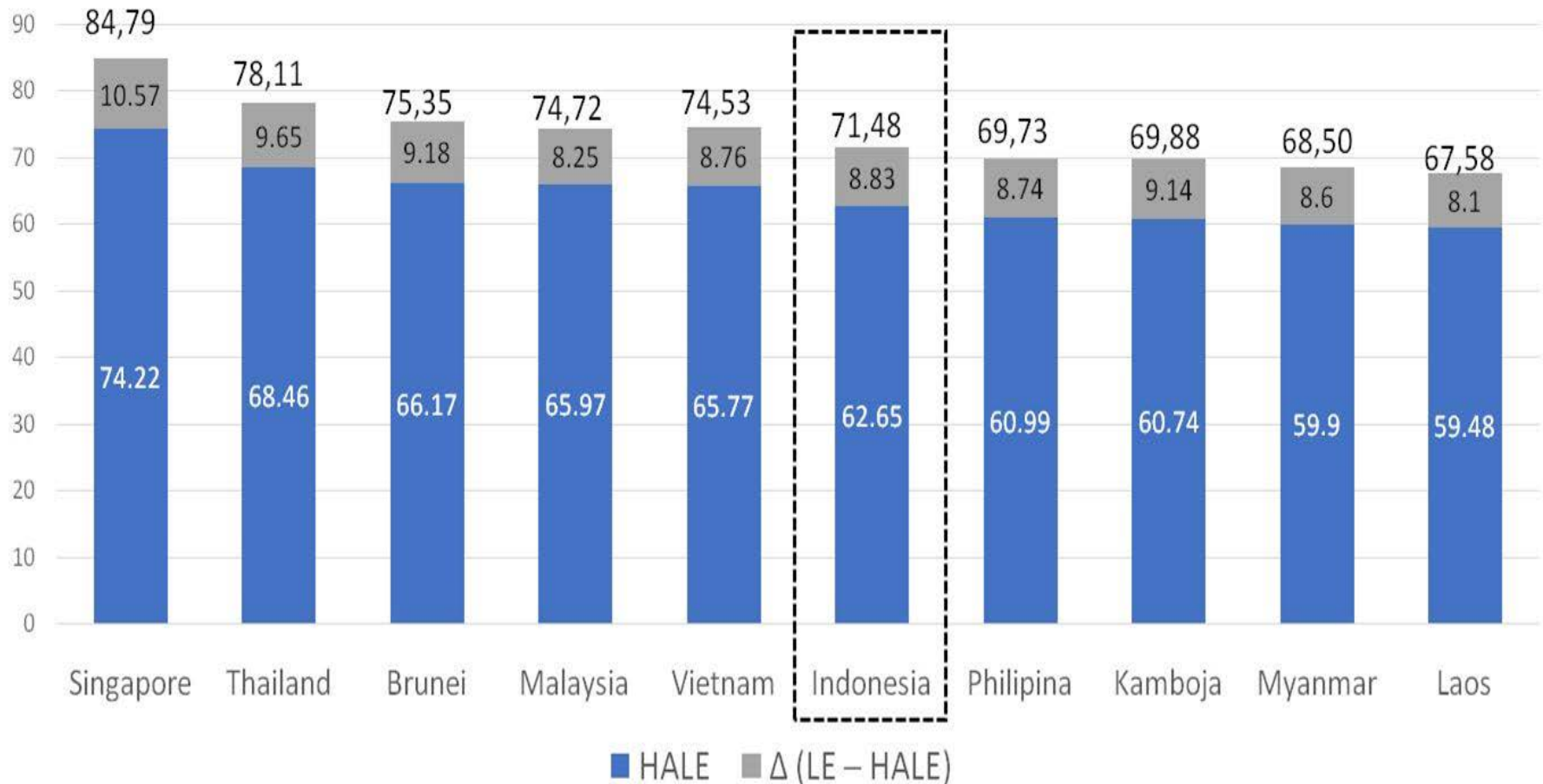


SOUTH EAST AND EAST ASIA LIFE EXPECTANCY



COUNTRY	LE 2015-2020
Myanmar	66.8
Lao PDR	67.2
Philippines	69.3
Indonesia	69.4
Cambodia	69.5
Korea	71.9
Malaysia	75.5
Thailand	75.6
China	76.5
Viet Nam	76.6
Brunei	77.5
Darussalam	77.5
Singapore	83.3
Japan	84

LIFE EXPECTANCY (LE) AND HEALTHY LIFE EXPECTANCY (HALE) IN SOUTH EAST ASIA



Indonesia Situation as an Example

DEPENDENCY RATIO OF THE ELDERLY IN INDONESIA



Old population dependency ratio more increasing

In 2018 : 14,49%

7 productive
age
population

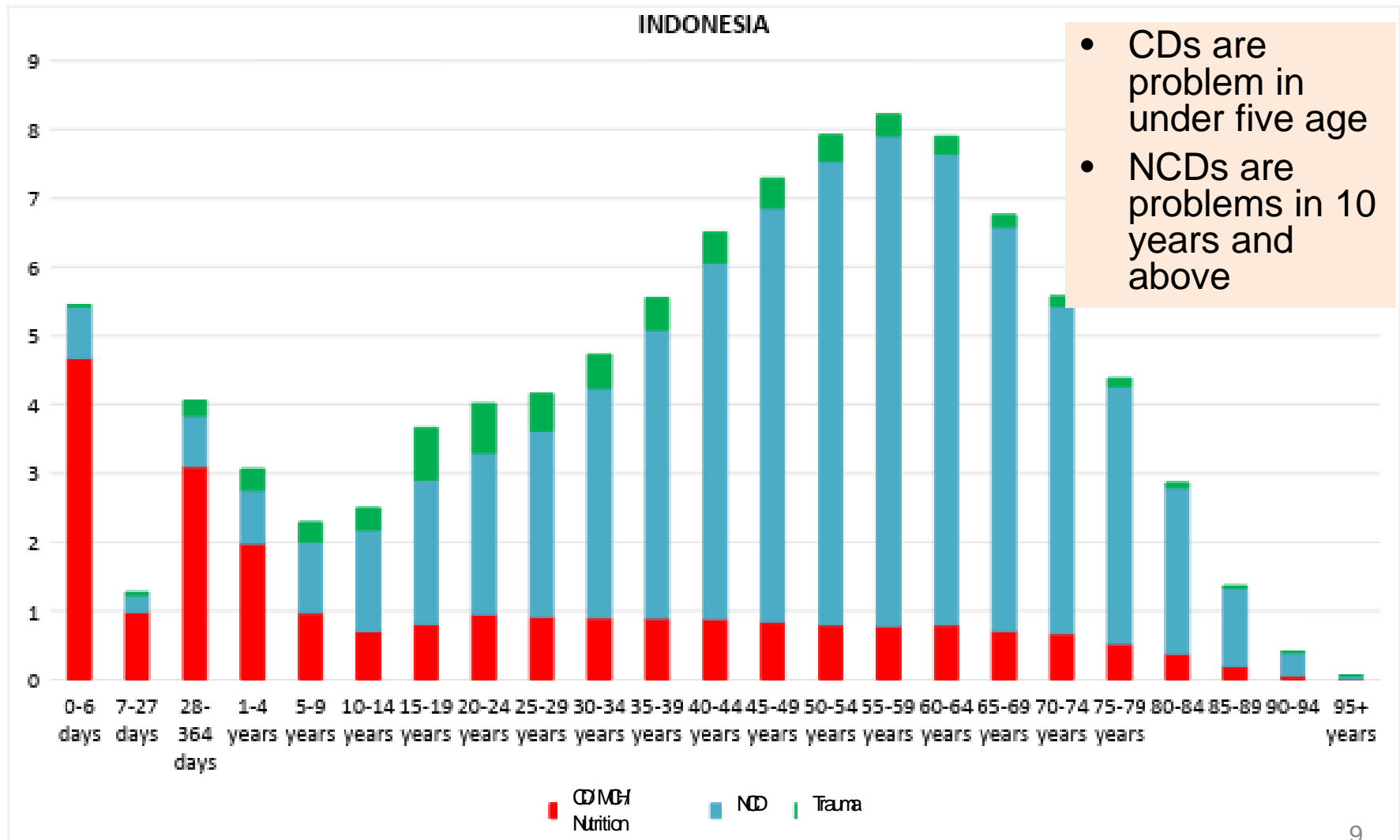


1 Elderly



Anticipatory steps need to be taken so that the Elderly is **not a burden**,
but becomes a valuable asset in country development

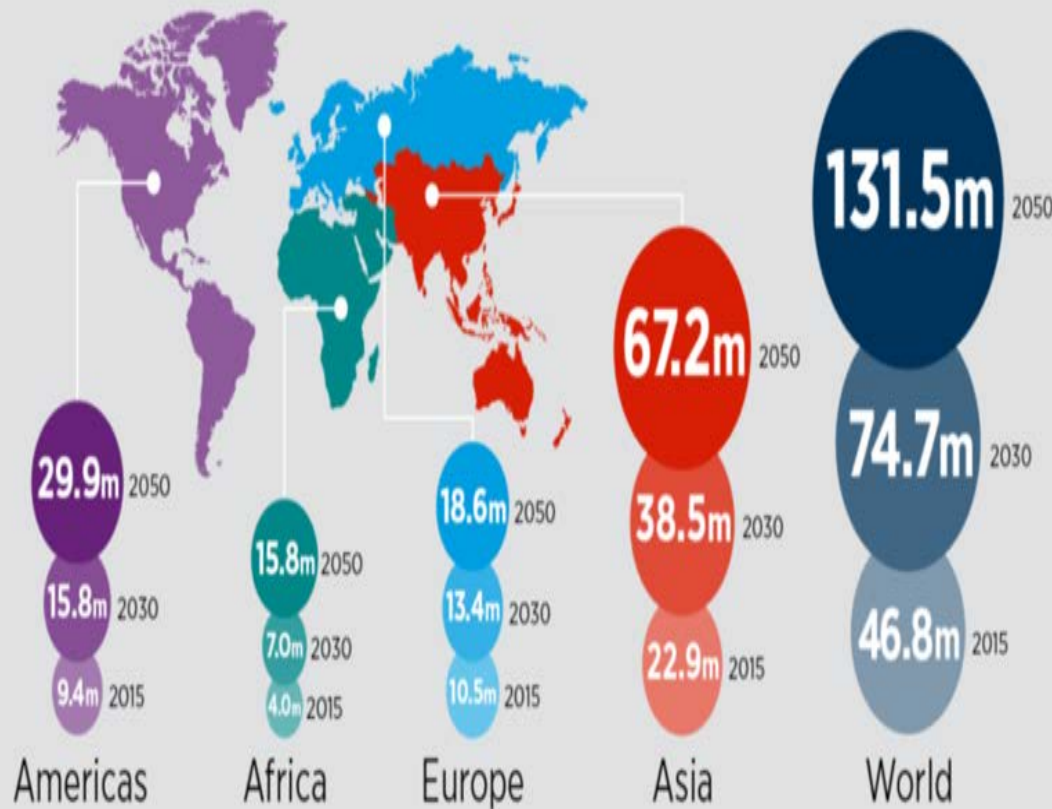
Percentage of DALY's Lost according to three group of diseases based on age in Indonesia, year 2017



DEMENTIA IN THE WORLD AND INDONESIA



People living with dementia around the world



❖ People with dementia in Indonesia:

▯ 1.2 million (2015)

▯ will increase to 1.9 million in 2030

▯ and almost 4 million in 2050.

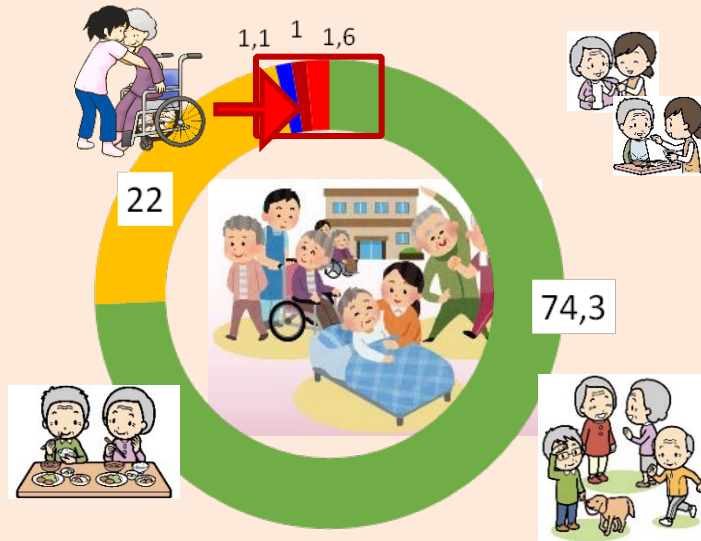
❖ The number of new cases in 2015: 196,000

❖ Prevalence of Dementia in D.I.Yogyakarta Province : 20,1% (Survey Meter, 2016)

PROPORTION OF THE ELDERLY WITH DISABILITIES, IN INDONESIA YEAR 2018

PROPORTION OF THE ELDERLY WITH DISABILITIES

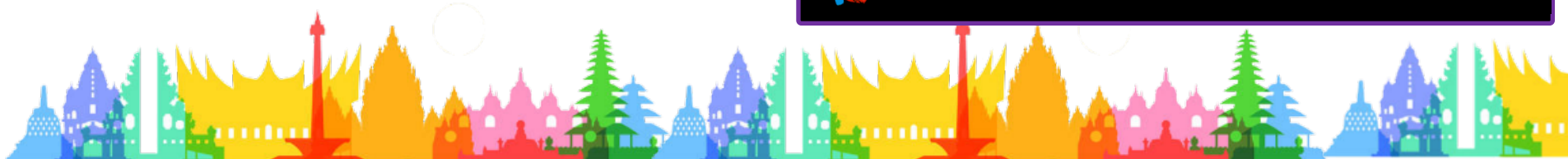
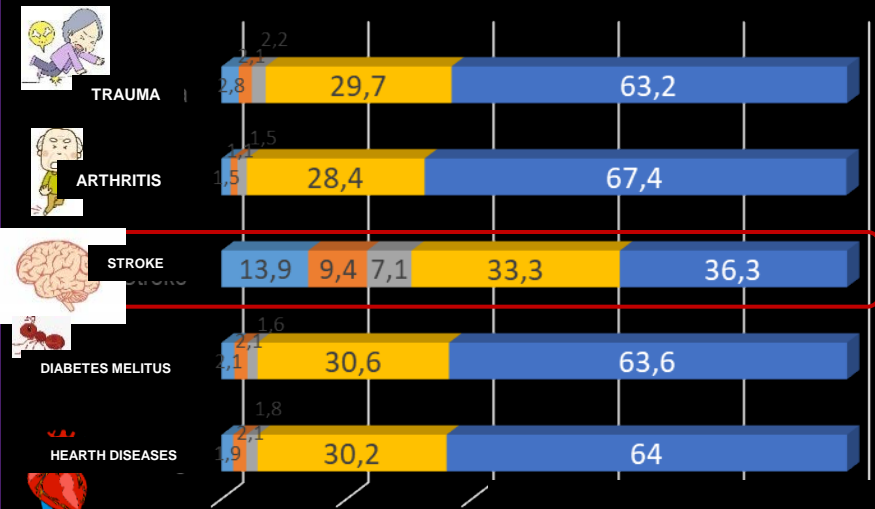
■ Independent ■ Low Dependent ■ Mild Dependent ■ Severe Dependent ■ Total Dependent



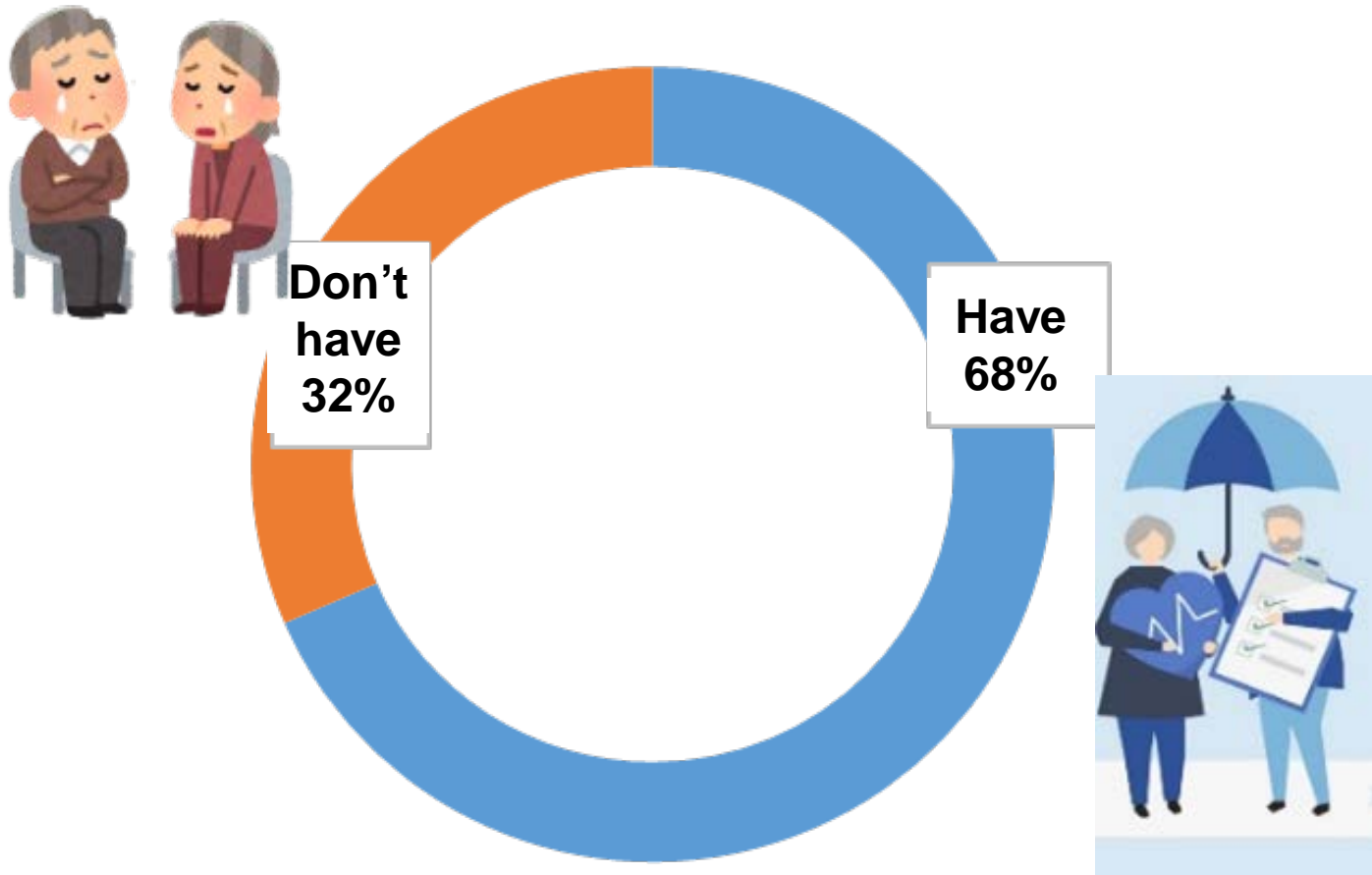
Sources : Basic Health Survey 2018

PROPORTION OF THE ELDERLY WITH DISABILITIES BASED ON TYPE OF DISEASES

■ Total dependent ■ Severe dependent ■ Mild dependent ■ Low dependent ■ Independent



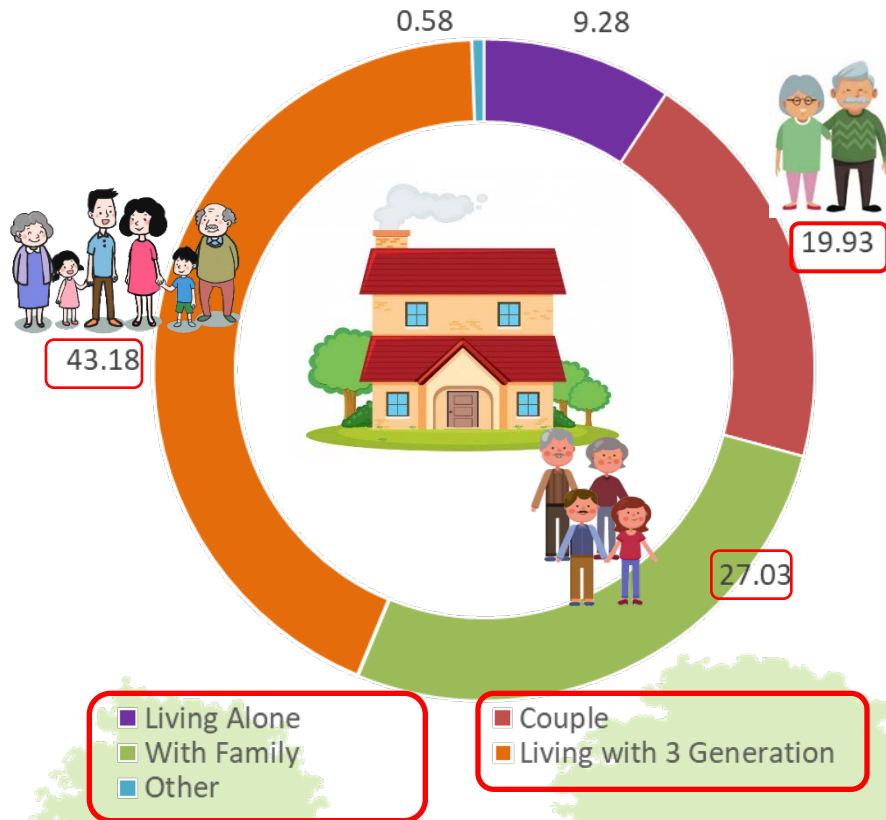
ELDERLY HEALTH INSURANCE IN INDONESIA



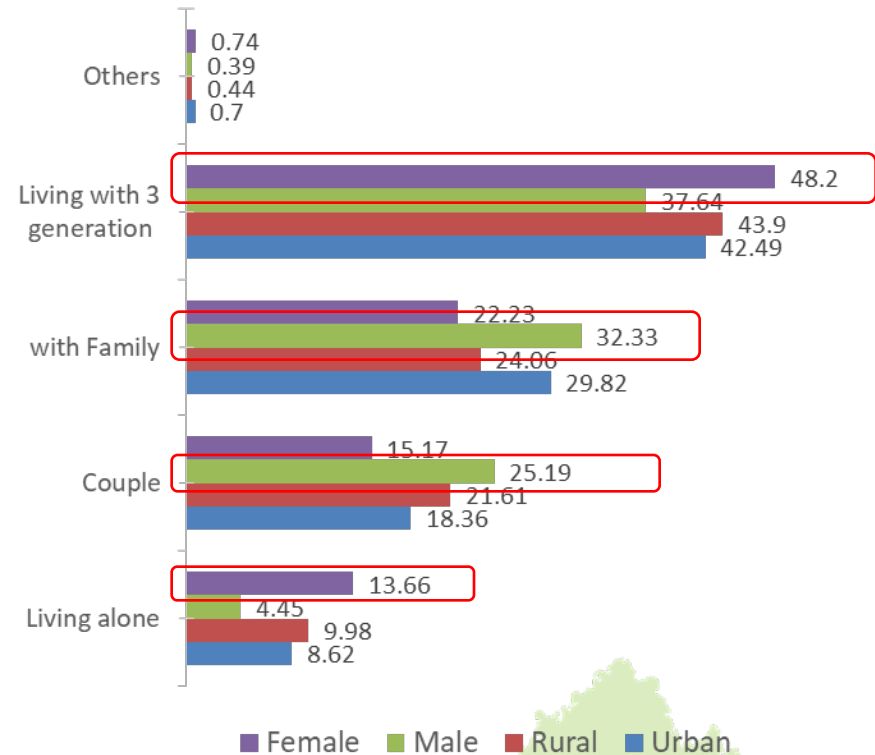
Percentage of The Elderly According to Living Status



Living Status

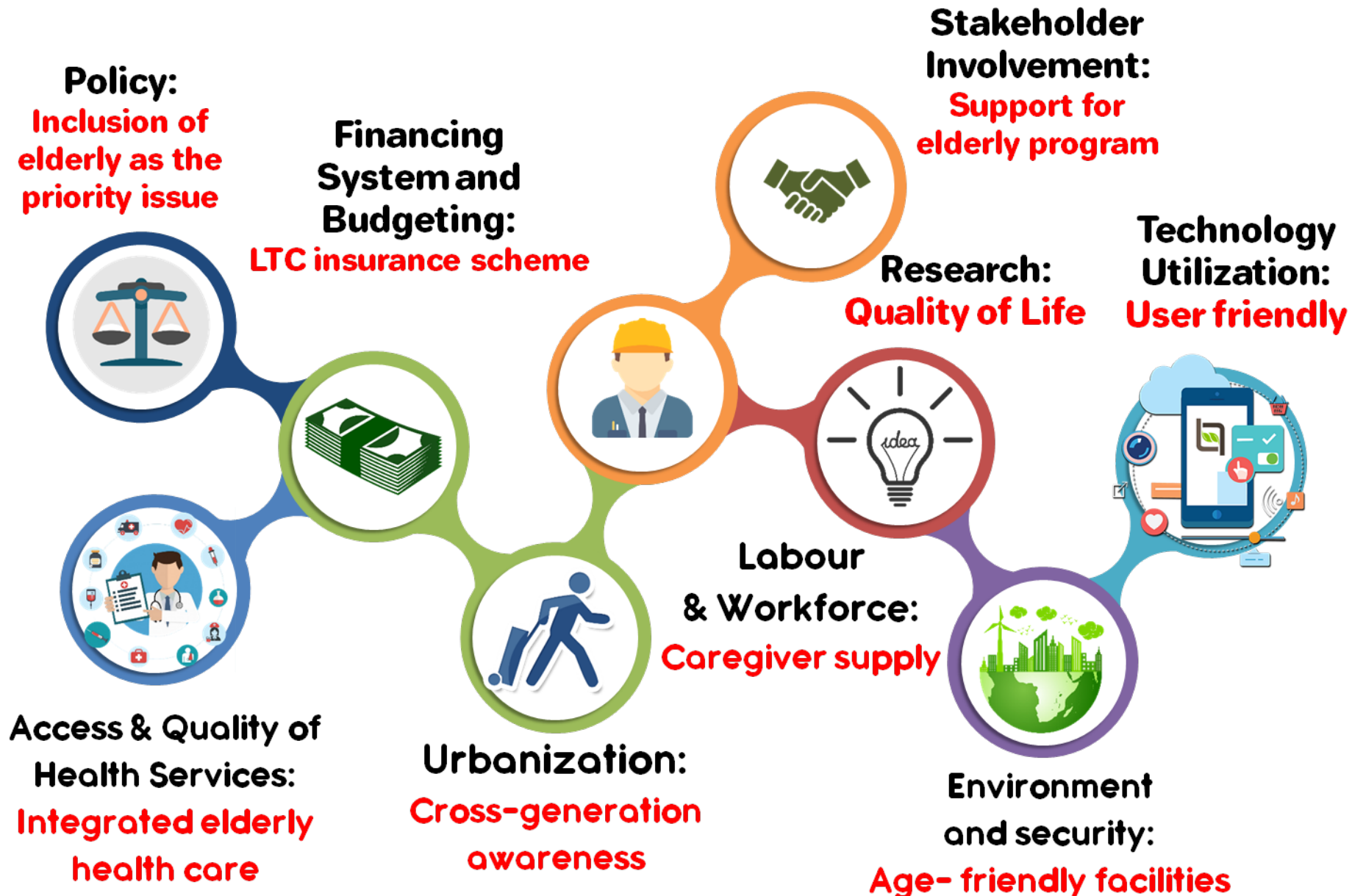


By Demographic Status



Challenges and Opportunities

CHALLENGES FOR AGEING SOCIETY



What opportunities from the changing demographic trend ?

Labour and
health workforce

International migration



Social culture

**filial piety,
creative industries**

Advanced technology

digital market platform



Health service
demand

health tourism

NGO support

**campaign, health services,
capacity building**



Research

**evidence base policy and
quality of practice.**

Short and Long Term Implications for APT cooperation

**Promoting awareness
and preventive
actions toward active
and healthy ageing**

**Strengthening the
Health Risk
Management and
Universal Health
Security (include
UHC)**

Improving health services:

- Develop Elderly Health Tourism
- International standard community based care system

**Enhancing Dementia
care support at home
and in the community**

**Developing the Elderly
Friendly Environment**

**Strengthening health
workforce
development**



**Increasing the
development of the
technology utilization**

**Increasing the
collaboration in
research**





Terima kasih
THANK YOU

Forty is the old age of youth,
Sixty is the Youth of old age..
Forever Young.. Forever Healthy...